Multiple Personality Disorder Diagnosis Clinical Features And Treatment

More Than One
Understanding and Treating Dissociative Identity Disorder (or Multiple Personality Disorder)
Treatment of Multiple Personality Disorder
Multiple Personality, Allied Disorders, and Hypnosis
Gabbard's Treatments of Psychiatric Disorders
Handbook of Dissociation
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Fundamentals of Sleep Medicine E-Book
Dissociative Identity Disorder
Narcissism and Its Discontents
The Oxford Handbook of Philosophy and Psychiatry

More Than One

This new edition of Diagnostic and Statistical Manual of Mental Disorders (DSM-5®), used by clinicians and researchers to diagnose and classify mental disorders, is the product of more than 10 years of effort by hundreds of international experts in all aspects of mental health. Their dedication and hard work have yielded an authoritative volume that defines and classifies mental disorders in order to improve diagnoses, treatment, and research. The criteria are concise and explicit, intended to facilitate an objective assessment of symptom presentations in a variety of clinical settings -- inpatient, outpatient, partial hospital, consultation-liaison, clinical, private practice, and primary care. New features and enhancements make DSM-5® easier to use across all settings: The chapter organization reflects a lifespan approach, with disorders typically diagnosed in childhood (such as neurodevelopmental disorders) at the beginning of the manual, and those more typical of older adults (such as neurocognitive disorders) placed at the end. Also included are age-related factors specific to diagnosis. The latest findings in neuroimaging and genetics have been integrated into each disorder along with gender and cultural considerations. The revised organizational structure recognizes symptoms that span multiple diagnostic categories, providing new clinical insight in diagnosis. Specific criteria have been streamlined, consolidated, or clarified to be consistent with clinical practice (including the consolidation of autism disorder, Asperger's syndrome, and pervasive developmental disorder into autism spectrum disorder; the streamlined classification of bipolar and depressive disorders; the restructuring of substance...
use disorders for consistency and clarity; and the enhanced specificity for major and mild neurocognitive disorders). Dimensional assessments for research and validation of clinical results have been provided. Both ICD-9-CM and ICD-10-CM codes are included for each disorder, and the organizational structure is consistent with the new ICD-11 in development. The Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, is the most comprehensive, current, and critical resource for clinical practice available to today's mental health clinicians and researchers of all orientations. The information contained in the manual is also valuable to other physicians and health professionals, including psychologists, counselors, nurses, and occupational and rehabilitation therapists, as well as social workers and forensic and legal specialists.

**Understanding and Treating Dissociative Identity Disorder (or Multiple Personality Disorder)**

Geared to the needs of mental health practitioners unfamiliar with dissociative disorders, this volume establishes a comprehensive and integrated approach to their diagnosis and treatment. Each step- from first interview to final post-integrative treatment- is systematically reviewed, with detailed instructions on specific diagnostic and therapeutic techniques and examples of their clinical application. This concise yet thorough volume offers expert advice on when and how to begin therapy, what clinical signposts to watch for, and what basic errors to avoid. This book will be of interest to psychiatrists, clinical psychologists, social workers, and other mental health practitioners.

**Multiple Personality**

This book is to help clinical psychologists, clinical social workers, psychiatrists and counselors achieve the maximum in service to their clients. Designed to bring ready answers from scientific data to real life practice, The guide is an accessible, authoritative reference for today’s clinician. There are solid guidelines for what to rule out, what works, what doesn’t work and what can be improved for a wide range of mental health problems. It is organized alphabetically for quick reference and distills vast amounts of proven knowledge and strategies into a user friendly, hands-on reference.

**Treatment of Multiple Personality Disorder**

This book provides all of the information a practitioner needs in order to begin work with clients with Dissociative Identity Disorder (DID). Drawing on experiences from her own practice and extensive research conducted with the help of internationally acclaimed experts in the field, the author describes the development of DID and the structure of the personality of these clients. The reader is guided through the assessment process, the main phases and components of treatment, and the issues and contentions that may arise in this work. Throughout the text there are case examples, practical exercises, techniques, and strategies that can be used in therapy sessions. The resources section includes screening and assessment instruments, as well as information on techniques for managing anxiety and self harm, both of which can be major
problems when working with clients with DID.

**Multiple Personality, Allied Disorders, and Hypnosis**

Some really great books just keep getting better! For seventeen years The Betrayal Bond has been the primary source for therapists and patients wrestling the effects of emotional pain and harm caused by exploitation from someone they trusted. Divorce, litigation, incest and child abuse, domestic violence, kidnapping, professional exploitation and religious abuse are all areas of trauma bonding. These are situations and relationships of incredible intensity or importance lend themselves more easily to an exploitation of trust or power. In The Betrayal Bond, Dr. Carnes presents an in-depth study of these relationships; why they form, who is most susceptible, and how they become so powerful. Dr. Carnes also gives a clear explanation of the bond that compels people to tolerate the intolerable, and for the first time, maps out the brain connection that makes being with hurtful people comparable to 'a drug of choice.' Most importantly, Carnes provides practical steps to identify compulsive attachment patterns and ultimately to change or end them for good. This new edition includes: New science for understanding how our brains can make a prison of bad relationships New assessments and insights based on 50,000 research participants A new section utilizing the latest findings in attachment research and narrative therapy to concretely rewrite and rescript bad experiences A redefinition of the factors contributing to addictive relationships

**Gabard's Treatments of Psychiatric Disorders**

Winner of ISSTD's 2009 Pierre Janet Writing Award for the best publication on dissociation in 2009! Dissociation and the Dissociative Disorders is a book that has no real predecessor in the dissociative disorders field. It reports the most recent scientific findings and conceptualizations about dissociation; defines and establishes the boundaries of current knowledge in the dissociative disorders field; identifies and carefully articulates the field’s current points of confusion, gaps in knowledge, and conjectures; clarifies the different aspects and implications of dissociation; and sets forth a research agenda for the next decade. In many respects, Dissociation and the Dissociative Disorders both defines and redefines the field.

**Handbook of Dissociation**

**Dissociation in Children and Adolescents**

Over 100 researchers from 16 countries contribute to the first comprehensive handbook on post-traumatic stress disorder. Eight major sections present information on assessment, measurement, and research protocols for trauma related to war veterans, victims of torture, children, and the aged. Clinicians and researchers will find it an indispensable reference, touching on such disciplines and psychiatry, psychology, social work, counseling, sociology, neurophysiology, and political science.
**Diagnosis and Treatment of Multiple Personality Disorder**

Illustrates the critical association between pathological dissociation and trauma, and provides a clear synthesis of what is known about the psychobiology of dissociative disorders and the effects of pathological dissociation on cognition and memory. Amply illustrated with clinical vignettes, it also offers an array of diagnostic and treatment techniques.

**Witness to an Extreme Century**

This is the golden age of cognitive therapy. Its popularity among society and the professional community is growing by leaps and bounds. What is it and what are its limits? What is the fundamental nature of cognitive therapy? It is, to my way of thinking, simple but profound. To understand it, it is useful to think back to the history of behavior therapy, to the basic development made by Joseph Wolpe. In the 1950s, Wolpe astounded the therapeutic world and infuriated his colleagues by finding a simple cure for phobias. The psychoanalytic establishment held that phobias—irrational and intense fear of certain objects, such as cats—were just surface manifestations of deeper, underlying disorders. The psychoanalysts said their source was the buried fear in male children of castration by the father in retaliation for the son's lust for his mother. For females, this fear is directed toward the opposite sex parent. The biomedical theorists, on the other hand, claimed that some as yet undiscovered disorder in brain chemistry must be the underlying problem. Both groups insisted that to treat only the patient's fear of cats would do no more good than it would to put rouge over measles. Wolpe, however, reasoned that irrational fear of something isn't just a symptom of a phobia; it is the whole phobia.

**Satanic Ritual Abuse**

Designed to accompany the SCID-D, this guide instructs the clinician in the administration, scoring and interpretation of SCID-D interview. The Guide describes the phenomenology of dissociative symptoms and disorders, as well as the process of differential diagnosis. This revised edition includes a set of decision trees and four case studies.

**Comprehensive Casebook of Cognitive Therapy**

Childhood Antecedents of Multiple Personality Disorder includes topics such as the effect of child abuse on the psyche, the development of multiple personality disorder: predisposing, precipitating, and perpetuating factors, and the relationship among dissociation, hypnosis, and child abuse in the development of multiple personality disorder.

**Multiple Personality Disorder**

"Character" has become a front-and-center topic in contemporary discourse, but this term does not have a fixed meaning. Character may be simply defined by what someone does not do, but a more active and thorough definition is necessary, one
that addresses certain vital questions. Is character a singular characteristic of an individual, or is it composed of different aspects? Does character--however we define it--exist in degrees, or is it simply something one happens to have? How can character be developed? Can it be learned? Relatedly, can it be taught, and who might be the most effective teacher? What roles are played by family, schools, the media, religion, and the larger culture? This groundbreaking handbook of character strengths and virtues is the first progress report from a prestigious group of researchers who have undertaken the systematic classification and measurement of widely valued positive traits. They approach good character in terms of separate strengths-authenticity, persistence, kindness, gratitude, hope, humor, and so on--each of which exists in degrees. Character Strengths and Virtues classifies twenty-four specific strengths under six broad virtues that consistently emerge across history and culture: wisdom, courage, humanity, justice, temperance, and transcendence. Each strength is thoroughly examined in its own chapter, with special attention to its meaning, explanation, measurement, causes, correlates, consequences, and development across the life span, as well as to strategies for its deliberate cultivation. This book demands the attention of anyone interested in psychology and what it can teach about the good life.

**Expressive and Functional Therapies in the Treatment of Multiple Personality Disorder**

This account of multiple personality disorder (MPD) and related dissociative disorders presents the latest findings leading to a new model of MPD and a new therapeutic approach to its treatment. The book examines the large cluster of symptoms and dysfunctions associated with MPD, focusing on diagnosis, clinical features, and the relationship of MPD to other diagnoses. Data and clinical evidence are presented for a widely-accepted, but as yet unproven hypothesis that MPD arises as a dissociative strategy for coping with severe childhood trauma, usually involving physical or sexual abuse.

**The Osiris Complex**

On a fateful day in the spring of 1954 Robert Jay Lifton, a young American psychiatrist just discharged from service in the Korean War, decided to stay in Hong Kong rather than return home—changing his life plans entirely—so that he could continue work that had enthralled him, interviewing people subjected to Chinese thought reform. He had plunged into uncharted territory in probing the far reaches of the human psyche, as he would repeatedly in the years ahead, and his Hong Kong research provided the first understanding of the insidious process that came to be known as brainwashing. From that day in Hong Kong forward, Lifton has probed into some of the darkest episodes of human history, bearing his unique form of psychological witness to the sources and consequences of collective violence and trauma, as well as to our astonishing capacity for resilience. In this long-awaited memoir, Lifton charts the adventurous and constantly surprising course of his fascinating life journey, a journey that took him from what a friend of his called a “Jewish Huck Finn childhood” in Brooklyn to friendships with many of the most influential intellectuals, writers, and artists of our time—from Erik Erikson, David Riesman, and Margaret Mead, to Howard Zinn and Kurt Vonnegut, Stanley
Kunitz, Kenzaburo Oe, and Norman Mailer. In his remarkable study of Hiroshima survivors, he explored the human consequences of nuclear weapons, and then went on to uncover dangerous forms of attraction to their power in the spiritual disease he calls nuclearism. During riveting face-to-face interviews with Nazi doctors, he illuminated the reversal of healing and killing in ordinary physicians who had been socialized to Nazi evil. With Vietnam veterans he helped create unprecedented “rap groups” in which much was revealed about what we now call post-traumatic stress disorder, helping veterans draw upon their experience for valuable, even prophetic, insights about atrocity and war. As a pioneer in psychohistory, Lifton’s encounters with the consequences of cruelty and destructiveness led him to become a passionate social activist, lending a powerful voice of conscience to the suppressed truths of the Vietnam War and the dangers of nuclear weapons. Written with the warmth of spirit—along with the humor and sense of absurdity—that have made Lifton a beloved friend and teacher to so many, Witness to an Extreme Century is a moving and deeply thought-provoking story of one man’s extraordinary commitment to looking into the abyss of evil in order to help us move beyond it.

Treatment of Dissociative Identity Disorder

From "the most powerful psychiatrist in America" (New York Times) and "the man who wrote the book on mental illness" (Wired), a deeply fascinating and urgently important critique of the widespread medicalization of normality Anyone living a full, rich life experiences ups and downs, stresses, disappointments, sorrows, and setbacks. These challenges are a normal part of being human, and they should not be treated as psychiatric disease. However, today millions of people who are really no more than "worried well" are being diagnosed as having a mental disorder and are receiving unnecessary treatment. In Saving Normal, Allen Frances, one of the world's most influential psychiatrists, warns that mislabeling everyday problems as mental illness has shocking implications for individuals and society: stigmatizing a healthy person as mentally ill leads to unnecessary, harmful medications, the narrowing of horizons, misallocation of medical resources, and draining of the budgets of families and the nation. We also shift responsibility for our mental well-being away from our own naturally resilient and self-healing brains, which have kept us sane for hundreds of thousands of years, and into the hands of "Big Pharma," who are reaping multi-billion-dollar profits. Frances cautions that the new edition of the "bible of psychiatry," the Diagnostic and Statistical Manual of Mental Disorders-5 (DSM-5), will turn our current diagnostic inflation into hyperinflation by converting millions of "normal" people into "mental patients." Alarmingly, in DSM-5, normal grief will become "Major Depressive Disorder"; the forgetting seen in old age is "Mild Neurocognitive Disorder"; temper tantrums are "Disruptive Mood Dysregulation Disorder"; worrying about a medical illness is "Somatic Symptom Disorder"; gluttony is "Binge Eating Disorder"; and most of us will qualify for adult "Attention Deficit Disorder." What's more, all of these newly invented conditions will worsen the cruel paradox of the mental health industry: those who desperately need psychiatric help are left shamefully neglected, while the "worried well" are given the bulk of the treatment, often at their own detriment. Masterfully charting the history of psychiatric fads throughout history, Frances argues that whenever we arbitrarily label another aspect of the human condition a "disease," we further chip away at our human adaptability and diversity, dulling the full palette of what
is normal and losing something fundamental of ourselves in the process. Saving Normal is a call to all of us to reclaim the full measure of our humanity.

**Jekyll on Trial**

The definitive treatment textbook in psychiatry, this fifth edition of Gabbard's Treatments of Psychiatric Disorders has been thoroughly restructured to reflect the new DSM-5® categories, preserving its value as a state-of-the-art resource and increasing its utility in the field. The editors have produced a volume that is both comprehensive and concise, meeting the needs of clinicians who prefer a single, user-friendly volume. In the service of brevity, the book focuses on treatment over diagnostic considerations, and addresses both empirically-validated treatments and accumulated clinical wisdom where research is lacking. Noteworthy features include the following: Content is organized according to DSM-5® categories to make for rapid retrieval of relevant treatment information for the busy clinician. Outcome studies and expert opinion are presented in an accessible way to help the clinician know what treatment to use for which disorder, and how to tailor the treatment to the patient. Content is restricted to the major psychiatric conditions seen in clinical practice while leaving out less common conditions and those that have limited outcome research related to the disorder, resulting in a more streamlined and affordable text. Chapters are meticulously referenced and include dozens of tables, figures, and other illustrative features that enhance comprehension and recall. An authoritative resource for psychiatrists, psychologists, and psychiatric nurses, and an outstanding reference for students in the mental health professions, Gabbard's Treatments of Psychiatric Disorders, Fifth Edition, will prove indispensable to clinicians seeking to provide excellent care while transitioning to a DSM-5® world.

**Betrayal Bond, Revised**

This book could not have been conceptualized or published 20 years ago. Indeed, it is doubtful that we could have organized the material for this handbook 10 years ago. Over the last 20 years, however, the painstaking efforts of many clinical researchers working with a variety of resistive psychopathologies have resulted in specific psychotherapies and pharmacotherapies that are effective with a significant proportion of patients, at least for some of the disorders. Much clinical research remains to be carried out in the forthcoming decades. But now that we are nearing the 21st century, at least some statement about efficacy can be made. In 1967, Gordon Paul succinctly stated that the ultimate goal of treatment outcome research is to determine "What treatment, by whom, is most effective for this individual with that specific problem, and under which set of circumstances" (p. 111). At that time, empirical evaluations of psychosocial and pharmacologic treatments were few and far between. Methodological strategies for determining treatment effectiveness were also in the formative stage, as exemplified by introduction of control groups that received inactive interventions (i.e., placebo) and the relatively recent practice of comparing two or more treatments in addition to placebo. In the almost three decades since Paul's oft-quoted dictum, both the quantity and the quality of treatment outcome research with adults have increased dramatically.
The Dissociation of a Personality

The book thoroughly examines the complex and disturbing disorder popularly known as Multiple Personality Disorder, renamed Dissociative Identity Disorder in the new DSM-IV. It covers the diagnosis, dynamics, assessment, differential diagnosis, and treatment of this disorder and presents significant new research findings.

Diagnostic and Statistical Manual of Mental Disorders (DSM-5®)

Why do we find multiple personality disorder (MPD) so fascinating? Perhaps because each of us is aware of a dividedness within ourselves: we often feel as if we are one person on the job, another with our families, another with our friends and lovers. We may fantasize that these inner discrepancies will someday break free, that within us lie other personalities - genius, lover, criminal - that will take us over and render us strangers to our very selves. What happens when such a transformation literally occurs, when an alter personality surfaces and commits some heinous deed?

International Handbook of Traumatic Stress Syndromes

Multiple personality syndrome is being diagnosed and treated in the United States in ever increasing numbers. Indeed, it is alleged that the incidence of this bizarre and striking disorder has reached epidemic proportions. Clinician/researchers report each seeing individually more than 100 patients whose minds have split into as many as 60 alter egos. Their case histories are typified by sexual and physical abuse in childhood and some have reached notoriety; in films, like Eve and Sybil and in criminal records, like Bianchi, 'the Hillside Strangler'. But does 'multiple personality' exist? This monograph takes as its point of departure the virtual absence of such patients anywhere except the U.S.A. and even then it is a relatively small number of psychologists and psychiatrists who report the overwhelming majority of cases. The book provides the first comprehensive review of the burgeoning literature from the beginning of the century to the present and covers more than 300 articles and books. It should prove of interest to psychologists, psychiatrists, psychotherapists and social workers and is an invaluable reference for students on courses in clinical and abnormal psychology as well as to practising clinicians and social workers. Following an introduction to a selection of the more notable cases, a number of critical issues are examined in ensuing chapters. These are devoted to problems of definition and differential diagnosis; aetiology; psychophysiological, psychometric and experimental studies; attempts at theoretical explanation and the relationship between MPS, hypnosis and dissociation. The author, a practising clinical psychologist and lecturer in psychopathology, gradually develops the hypothesis that MPS is best explained under the rubric of social role theory. It is argued that MPS is a culture-bound variant of hysterical psychosis occurring in individuals with high 'hypnotisability'. The tentative conclusion is that even if one accepts the reality of MPS it is unhelpful to regard it as a discrete clinical entity, and it is being grossly overdiagnosed.
**Treating Dissociative Identity Disorder**

Documents the stories of the three women behind the famous multiple-personality-disorder case, contending that a large portion of the story was fabricated by a willing patient, her psychiatrist and an ambitious journalist who took advantage of a public that was psychologically primed to believe their claims. By the award-winning author of Pornography. 50,000 first printing.

**Saving Normal**

Philosophy has much to offer psychiatry, not least regarding ethical issues, but also issues regarding the mind, identity, values, and volition. This has become only more important as we have witnessed the growth and power of the pharmaceutical industry, accompanied by developments in the neurosciences. However, too few practising psychiatrists are familiar with the literature in this area. The Oxford Handbook of Philosophy and Psychiatry offers the most comprehensive reference resource for this area ever published. It assembles challenging and insightful contributions from key philosophers and others to the interactive fields of philosophy and psychiatry. Each contributions is original, stimulating, thorough, and clearly and engagingly written - with no potentially significant philosophical stone left unturned. Broad in scope, the book includes coverage of several areas of philosophy, including philosophy of mind, science, and ethics. For philosophers and psychiatrists, The Oxford Handbook of Philosophy and Psychiatry is a landmark publication in the field - one that will be of value to both students and researchers in this rapidly growing area.

**Clinical Perspectives on Multiple Personality Disorder**

**Childhood Antecedents of Multiple Personality**

This book covers the multiple personality disorder.

**Interviewer's Guide to the Structured Clinical Interview for DSM-IV Dissociative Disorders (SCID-D)**

The diagnosis of multiple personality disorder (MPD) entered the clinical mainstream with a rapidity and in a manner atypical for new descriptions of psychiatric illness. This book contains the most up-to-date information on MPD available written by experts in this field. The first section is a memorial to Cornelia B. Wilbur, M.D., a pioneer in MPD treatment. It is full of personal accounts from people who knew her well. The second section deals with general issues in the treatment of MPD. It discusses basic principles in conducting the psychotherapy of MPD, posttraumatic and dissociative phenomena in transference and countertransference, and treatment of MPD as a posttraumatic condition. The third section goes on to give case studies that illustrate the application of techniques, approaches, and insights that are considered important in the treatment of MPD patients but are difficult to learn because they have not been documented in detail in the literature. Methods discussed include the use of Amytal interviews, play...
therapy, egoïstate therapy, and the use of sand trays. The last section of the book discusses some of the contemporary concerns in the field (including consultation in the public psychiatric sector and the incidence of eating disorders in MPD patients), and on the recent history of the study of MPD.

**Minds in Many Pieces**

**Practitioner's Guide to Evidence-Based Psychotherapy**

More amazing than any work of fiction, yet true in every word, it swept to the top of the bestseller lists and riveted the consciousness of the world. As an Emmy Award-winning film starring Sally Field, it captured the home screens of an entire nation and has endured as the most electrifying TV movie ever made. It's the story of a survivor of terrifying childhood abuse, victim of sudden and mystifying blackouts, and the first case of multiple personality ever to be psychoanalyzed. You're about to meet Sybil-and the sixteen selves to whom she played host, both women and men, each with a different personality, speech pattern, and even personal appearance. You'll experience the strangeness and fascination of one woman's rare affliction-and travel with her on her long, ultimately triumphant journey back to wholeness.

**Handbook of Prescriptive Treatments for Adults**

Adult patients exhibit core symptoms: voices in the head and ongoing blank spells or periods of missing time. The voices are the different parts of the personality talking to one another and to the main, presenting part of the person who comes for treatment. Periods of missing time occur when aspects of the personality take turns being in control of the body and memory barriers are erected between them. Patients also experience symptoms such as depression, anxiety, eating disorders, substance abuse, sleep disorders, sexual dysfunction, psychosomatic symptoms, and symptoms that mimic schizophrenia. MPD patients have experienced the most extreme childhood trauma of any diagnostic group and therefore exhibit the psychobiology and psychopathology of trauma to an extreme degree. The good news is that once diagnosed, the MPD patient can be brought back to health. This book is important for all mental health professionals, and also for the general reader interested in psychiatric phenomena.

**Abnormal Illness Behaviour**

**Religion and Spirituality in Psychiatry**

Since the time of Mesmer, in the late eighteenth century, spectacular feats of hypnosis have been documented by respected scientific researchers, yet hypnosis has remained divorced from the main body of science. In this groundbreaking work, Dr. Eugene Bliss shows that the hypnotic capability of the mind is important to the theory and practice of psychiatry, and suggests that it deserves much more attention and research. In Multiple Personality, Allied Disorders and Hypnosis, Bliss
explores both the nature of multiple personality and hypnosis, and discusses how an understanding of the latter can provide insight into the nature of certain psychiatric disorders. For instance, he views multiple personality as a form of self-hypnosis, an instance of learned schizophrenia rather than an organic disorder, as is generally thought. He outlines the trace elements involved in multiple personality and other psychiatric disorders, provides a fascinating history of the origins and current ideas about hypnosis, and gives a detailed account of the use of hypnosis in the treatment of multiple personality. Based on thirty years of clinical experience, and filled with insightful personal observations, Multiple Personality, Allied Disorders and Hypnosis is an informative, fascinating book for psychiatrists, psychologists, and anyone intrigued by hypnosis and its possible beneficial use.

**Dissociation and the Dissociative Disorders**

The definition of narcissism can be a moving target. Is it an excess of self-love? Profound insecurity? Low self-esteem? Too much self-esteem? Because of the multifaceted nature of narcissistic personality disorder (NPD), treating this disorder presents clinicians with a range of wholly unique challenges. Narcissism and Its Discontents recognizes the variable nature of NPD and provides a template for adjusting treatment to the patient rather than shoe-horning the patient into a manualized treatment that may prove to be less effectual. This guide offers clinicians strategies, including transference and countertransference, to deal with the complex situations that often arise when treating narcissistic patients, among them, patient entitlement, disengagement, and envy. The authors provide a skillful integration of research and psychoanalytic theory while also addressing psychotherapeutic strategies that are less intensive but also useful -- being cognizant of the fact that a majority of patients do not have access to psychoanalysis proper. A chapter on the cultural aspects of narcissism addresses the recent societal fascination with NPD in the discourse on politics and celebrity, particularly in the age of social media. Regardless of the treatment setting -- psychoanalysis, psychotherapy, pharmacotherapy, partial hospital, or inpatient -- clinicians will find a wealth of approaches to treating a diverse and challenging patient population in Narcissism and Its Discontents.

**Character Strengths and Virtues**

Pilowsky presents a general introduction to the early recognition and management of abnormal illness behaviour, and suggests ways to identify such behaviour, offer appropriate psychological care and provide specialist psychiatric help.

**Sybil Exposed**

With the electrifying tales of 15 survivors of catastrophic human cruelty at its narrative core, Unspeakable Truths & Happy Endings resoundingly illuminates both the necessity and difficulty of compassionate, sensible listening to survivors’ tales of trauma. The book journalistically explores the affects of survivors's stories on compassionate listeners -- a group that includes therapists but that also includes friends, family, and even survivors themselves as they work and re-work the
realities of their own experience. Along the way, the book addresses the flip side of compassionate listening; squabbles about victimhood and recovered memory. The book concludes that, as thinking and caring inhabitants of a menacing world, we must all learn to hear unspeakable truths. At the same time that we risk accepting the truths about violence and degradation that survivors' memories hold, we must reasonably engage critical thinking when memories of violence and degradation stretch the limits of our credulity. We owe it to survivors to listen compassionately; we owe it to ourselves to listen prudently.

**Unspeakable Truths and Happy Endings**

**Fundamentals of Sleep Medicine E-Book**

Although Dr. Ross has found no evidence of a widespread Satanic network, he is open to the possibility that a certain percentage of his patients' memories may be entirely or partially historically accurate. In treatment, he recommends that the therapist adopt an attitude hovering between disbelief and credulous entrapment.

**Dissociative Identity Disorder**

This timely handbook provides state-of-the-art coverage of both current and emerging theories, research, and treatment of dissociative phenomena. The book opens with a discussion of the historic, epidemiologic, phenomenologic, etiologic, normative, and cross-cultural dimensions of dissociation, providing an empirical foundation for the remaining chapters. Subsequent chapters examine the developmental aspects of dissociative disorders in addition to psychological and psychophysiological assessments. Eight case studies apply dissociation theory and research to specific treatment modalities.

**Narcissism and Its Discontents**

This book was the first to specifically address the impact of religion and spirituality on mental illness.

**Sybil**

Written by Richard Berry, MD, author of the popular Sleep Medicine Pearls, Fundamentals of Sleep Medicine is a concise, clinically focused alternative to larger sleep medicine references. A recipient of the 2010 AASM Excellence in Education award, Dr. Berry is exceptionally well qualified to distill today's most essential sleep medicine know-how in a way that is fast and easy to access and apply in your practice. Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Compatible with Kindle®, nook®, and other popular devices. Get clear guidance on applying the AASM scoring criteria. Reinforce your knowledge with more than 350 review questions. Get the answers you need quickly thanks to Dr. Berry's direct and clear writing style. Access the complete contents online at Expert Consult, including videos demonstrating parasomnias, leg kicks, and more.
Dissociative Identity Disorder is a new and more accurate designation for what was formerly known as Multiple Personality Disorder. In this comprehensive and original book, some of the most eminent practitioners in the field offer the most current information on a variety of treatments for this fascinating and yet debilitating disorder.